



## SCIENTIFIC PROGRAMME

### Friday, 28th November (Day 1) - ROOM A

| 08:50 – 09:00 | Session 1            | Welcome & Opening |                                         |
|---------------|----------------------|-------------------|-----------------------------------------|
| 08:50 – 09:00 | Welcome to M&PD 2025 |                   | Carsten Tschoepe,<br>Gianfranco Sinagra |

| 09:00 – 10:00 | Session 2                   | The road to NDLVC: clinical implications                                                           |               |
|---------------|-----------------------------|----------------------------------------------------------------------------------------------------|---------------|
| Chairpersons  | Elena Arbelo, Perry Elliott |                                                                                                    |               |
| 09:00 – 09:15 | Presentation 1              | The cardiomyopathy mindset in clinical management of NDLVC                                         | Marco Merlo   |
| 09:15 – 09:30 | Presentation 2              | Pharmacological treatment DCM/NDLVC: from the pillars of HFrEF to precision medicine               | Piero Gentile |
| 09:30 – 09:45 | Presentation 3              | The overlap between Arrhythmogenic Cardiomyopathy and NDLVC: Desmoplakin cardiomyopathy and beyond | Barbara Bauce |
| 09:45 – 10:00 | Discussion                  |                                                                                                    |               |

| 10:00 – 11:00 | Session 3                             | DCM/NDLVC: Genetic characterization |                  |
|---------------|---------------------------------------|-------------------------------------|------------------|
| Chairpersons  | Luisa Mestroni, Domingo Pascual Figal |                                     |                  |
| 10:00 – 10:15 | Presentation 1                        | FLNC cardiomyopathy                 | Marta Gigli      |
| 10:15 – 10:30 | Presentation 2                        | LMNA cardiomyopathy                 | Luisa Mestroni   |
| 10:30 – 10:45 | Presentation 3                        | Gene-elusive patients               | Matteo Dal Ferro |
| 10:45 – 11:00 | Discussion                            |                                     |                  |

### 11:00 – 11:30 COFFEE BREAK & POSTERS VIEWING

| 11:30 – 12:30 | Session 4                          | Management of Rhythm Disorders in Myocarditis and Inflammatory Dilated Cardiomyopathies |  |
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| Chairpersons  | Wilhelm Haverkamp, Enrico Ammirati |                                                                                         |  |

# M&PD 2025

THE ANNUAL MEETING OF THE ESC WORKING GROUP  
ON MYOCARDIAL & PERICARDIAL DISEASES

28-29 November

TRIESTE, ITALY



|               |                |                                   |                   |
|---------------|----------------|-----------------------------------|-------------------|
| 11:30 – 11:45 | Presentation 1 | Atrial Fibrillation               | Elena Arbelo      |
| 11:45 – 12:00 | Presentation 2 | Sudden Cardiac Death              | Giovanni Peretto  |
| 12:00 – 12:15 | Presentation 3 | Future Perspectives: Gene Therapy | Wilhelm Haverkamp |
| 12:15 – 12:30 | Discussion     |                                   |                   |

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| <b>12:30 – 13:00 Lecture</b> |                                  |  |                                                    |
| 12:30 – 13:00                | Risk stratification in DCM/NDLVC |  | Perry Elliott ( <i>introduced by Marco Merlo</i> ) |

## 13:00 – 14:00 LUNCH BREAK & INDUSTRY SYMPOSIUM

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| <b>14:00 – 15:30 Session 5 The 2025 ESC guidelines on myocarditis and pericarditis</b> |                                        |                                                          |                    |
| Chairpersons                                                                           | Massimo Imazio, Jeanette Schulz-Menger |                                                          |                    |
| 14:00 – 14:15                                                                          | Presentation 1                         | The clinical presentation and spectrum of disease        | Gianfranco Sinagra |
| 14:15 – 14:30                                                                          | Presentation 2                         | The role EMB for diagnosis and therapy of specific forms | Karin Klingel      |
| 14:30 – 14:45                                                                          | Presentation 3                         | The role of CMR for clinical management                  |                    |
| 14:45 – 15:00                                                                          | Presentation 4                         | The role of genetic evaluation                           | Marco Merlo        |
| 15:00 – 15:15                                                                          | Presentation 5                         | Updates on medical therapy                               | George Lazaros     |
| 15:15 – 15:30                                                                          | Discussion                             |                                                          |                    |

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| <b>15:30 – 16:00 Lecture</b> |                                                                                                 |  |  |
| 15:30 – 16:00                | The main messages from the 2025 ESC guidelines on myocarditis: different views in Europe vs USA |  |  |

## 16:00 – 16:30 COFFEE BREAK & POSTERS VIEWING

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| <b>16:30 – 17:15 Session 6 Controversy on: Genetic testing in all acquired DCM/NDLVC</b> |                              |     |                  |
| Chairpersons                                                                             | Petar Seferovic, Marta Gigli |     |                  |
| 16:30 – 16:40                                                                            | Presentation 1               | Yes | Stephane Heymans |



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| 16:40 – 16:50 | Presentation 2 | No                                             | Luisa Mestroni   |
| 16:50 – 17:00 | Presentation 3 | Special Focus on TTN and polygenic risk scores | Matteo Dal Ferro |
| 17:00 – 17:15 | Discussion     |                                                |                  |

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| 17:15 – 18:00 | Session 7                         | Diabetic Cardiomyopathy: does it exist?                   |                       |
| Chairpersons  | Petar Seferovic, Johanna Kuusisto |                                                           |                       |
| 17:15 – 17:25 | Presentation 1                    | Yes                                                       | Johanna Kuusisto      |
| 17:25 – 17:35 | Presentation 2                    | No                                                        | Domingo Pascual Figal |
| 17:35 – 17:45 | Presentation 3                    | SGLT2i and GLP1ra in cardiomyopathies: present and future | Petar Seferovic       |
| 17:45 – 18:00 | Discussion                        |                                                           |                       |

## Friday, 28th November (Day 1) - ROOM B

|               |                       |                                              |                 |
|---------------|-----------------------|----------------------------------------------|-----------------|
| 09:00 – 10:00 | Session 1             | Specific forms of myocarditis: how to manage |                 |
| Chairpersons  | Domingo Pascual Figal |                                              |                 |
| 09:00 – 09:15 | Presentation 1        | Eosinophilic Myocarditis                     | Enrico Ammirati |
| 09:15 – 09:30 | Presentation 2        | Cardiac Sarcoidosis                          | Petr Kuchynka   |
| 09:30 – 09:45 | Presentation 3        | Giant cell myocarditis                       |                 |
| 09:45 – 10:00 | Discussion            |                                              |                 |

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| <b>10:00 – 10:20</b> | <b>Session 2</b> | <b>Special Session (video)</b>             |                  |
| 10:00 – 10:20        | Video            | How to do a LV or RV endomyocardial biopsy | Carsten Tschoepe |

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| 10:20 – 11:00 |  |                                      |  | Session 3 |  | Controversial topics: EMB in all inflammatory cardiomyopathies and myocarditis |               |  |  |
| Chairpersons  |  | Carsten Tschoepe, Gianfranco Sinagra |  |           |  |                                                                                |               |  |  |
| 10:20 – 10:30 |  | Presentation 1                       |  | Yes       |  |                                                                                | Alida Caforio |  |  |



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| 10:30 – 10:40 | Presentation 2 | No                       | Jeanette Schulz-Menger |
| 10:40 – 10:50 | Presentation 3 | What are the guidelines? | Massimo Imazio         |
| 10:50 – 11:00 | Discussion     |                          |                        |

## 11:00 - 11:30 COFFEE BREAK & POSTERS VIEWING

| 11:30 – 12:30 Session 4 Anderson-Fabry Disease |                |                                                                                                 |                       |
|------------------------------------------------|----------------|-------------------------------------------------------------------------------------------------|-----------------------|
| Chairpersons                                   |                | Maurizio Pieroni, Domingo Pascual Figal                                                         |                       |
| 11:30 – 11:45                                  | Presentation 1 | Differential diagnosis in hypertrophic heart: a critical approach                               | Domingo Pascual Figal |
| 11:45 – 12:00                                  | Presentation 2 | How to treat Anderson-Fabry Disease                                                             | Maurizio Pieroni      |
| 12:00 – 12:15                                  | Presentation 3 | Structural changes and Pathophysiology: from inflammation to molecular basis of ERT resistance? | Andrea Frustaci       |
| 12:15 – 12:30                                  | Discussion     |                                                                                                 |                       |

| 12:30 – 13:00 Lecture |                                         |                                  |
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| 12:30 – 13:00         | Cardiac microRNAs: the state of the art | (introduced by Matteo Dal Ferro) |

## 13:00 – 14:00 LUNCH BREAK & INDUSTRY SYMPOSIUM

| 14:00 – 15:00 Session 5 Exercise and cardiomyopathies (joined with EAPC) |                |                        |                  |
|--------------------------------------------------------------------------|----------------|------------------------|------------------|
| Chairpersons                                                             |                | Piero Gentile          |                  |
| 14:00 – 14:15                                                            | Presentation 1 | DCM/NDLVLC/Myocarditis |                  |
| 14:15 – 14:30                                                            | Presentation 2 | HCM                    | Ahmed Elsanhoury |
| 14:30 – 14:45                                                            | Presentation 3 | ARVC                   | Barbara Baucé    |
| 14:45 – 15:00                                                            | Discussion     |                        |                  |

| 15:00 – 16:00 Session 6 Cardio-oncology in myocardial and pericardial disease |  |                                     |  |
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| Chairpersons                                                                  |  | Sibel Catirli Enar, Antonio Cannatà |  |



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| 15:00 – 15:15 | Presentation 1 | Chemotherapy induced cardiomyopathy                | Rabea Asleh      |
| 15:15 – 15:30 | Presentation 2 | Pericardial disease in cancer patients: overview   | Arsen Ristic     |
| 15:30 – 15:45 | Presentation 3 | Immune-check points myocarditis: how to manage it? | Carsten Tschoepe |
| 15:45 – 16:00 | Discussion     |                                                    |                  |

**16:00 - 16:30 COFFEE BREAK & POSTERS VIEWING**

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|---------------|-----------------------------------------|--------------------------------------------------------------------------------------------|-----------------------|
| 16:30 – 17:50 | Session 7                               | Breaking news in therapeutics applied to myocardial diseases: how close are to the patient |                       |
| Chairpersons  | Domingo Pascual Figal, Serena Zacchigna |                                                                                            |                       |
| 16:30 – 16:45 | Presentation 1                          | RNA modulation                                                                             |                       |
| 16:45 – 17:00 | Presentation 2                          | Fibrosis inhibition                                                                        | Domingo Pascual Figal |
| 17:00 – 17:15 | Presentation 3                          | Contractile modulation                                                                     | Antonio Cannatà       |
| 17:15 – 17:30 | Presentation 4                          | Cell regeneration                                                                          | Serena Zacchigna      |
| 17:30 – 17:50 | Discussion                              |                                                                                            |                       |

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| 17:50 – 18:20 | Session 8                   | CARDIOMYOPATHY MINDSET and Best 2 abstract presentation awards |  |
| Chairpersons  | Marco Merlo, Massimo Imazio |                                                                |  |
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**Saturday, 29th November (Day 2) - ROOM A**

|              |                                 |                                                 |                |  |
|--------------|---------------------------------|-------------------------------------------------|----------------|--|
| 9:00 – 10:00 | Session 1                       | Update on Pericarditis: the 2025 ESC guidelines |                |  |
| Chairpersons | Massimo Imazio, Antonio Brucato |                                                 |                |  |
| 9:00 – 9:15  | Presentation 1                  | Highlights from 2025 pericarditis guidelines    | Massimo Imazio |  |



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| 9:15 – 9:30  | Presentation 2 | Multimodality imaging for diagnosis and therapy guidance | Allan Klein    |
| 9:30 – 9:45  | Presentation 3 | Therapy: importance of duration, dosages, tapering       | George Lazaros |
| 9:45 – 10:00 | Discussion     |                                                          |                |

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| <b>10:00 – 11:00 Session 2 What a cardiologist needs to know about cardio-immunology</b> |                |                             |                 |
| Chairpersons Alexandros Kasiakogias, Andrea Frustaci                                     |                |                             |                 |
| 10:00 – 10:15                                                                            | Presentation 1 | Heart failure               |                 |
| 10:15 – 10:30                                                                            | Presentation 2 | Biomarkers Cardiomyopathies | Andrea Frustaci |
| 10:30 – 10:45                                                                            | Presentation 3 | Treatment of myocarditis    | Alida Caforio   |
| 10:45 – 11:00                                                                            | Discussion     |                             |                 |

**11:00 – 11:30 COFFEE BREAK & POSTERS VIEWING**

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| 11:30 – 12:30 |  |                                                                             |                                                                                       | Session 3 |  | Hypertrophic Cardiomyopathy: Evolving Insights and Emerging Therapies |  |
| Chairpersons  |  | Rabea Asleh, Iacopo Olivotto                                                |                                                                                       |           |  |                                                                       |  |
| 11:30 – 11:45 |  | Presentation 1                                                              | Natural history and prognostic stratification: Current Understanding and New Insights |           |  | Alexandros Kasiakogias                                                |  |
| 11:45 – 12:00 |  | Presentation 2                                                              | HOCM: Myosin Inhibitors vs Traditional Therapies: TASH, Myectomy, and Beyond          |           |  | Ahmed Elsanhoury                                                      |  |
| 12:00 – 12:15 |  | Presentation 3                                                              | Real-World Use of Mavacamten and Aficamten: Practical Insights and Efficacy           |           |  | Iacopo Olivotto                                                       |  |
| 12:15 – 12:30 |  | Discussion                                                                  |                                                                                       |           |  |                                                                       |  |
| 12:30 – 13:00 |  | Lecture                                                                     |                                                                                       |           |  |                                                                       |  |
| 12:30 – 13:00 |  | HF with super normal EF (HF <sub>s</sub> NF) - what is that supposed to be? |                                                                                       |           |  | Carsten Tschoepe<br>(introduced by Piero Gentile)                     |  |

**13:00 – 14:00 LUNCH BREAK & INDUSTRY SYMPOSIUM**

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| <b>14:00 – 15:00 Session 4 Arrhythmogenic Right Ventricular Cardiomyopathy</b> |  |  |  |
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| Chairpersons  | Barbara Bauce, Gianfranco Sinagra |                                    |                    |
| 14:00 – 14:15 | Presentation 1                    | Which are the diagnostic criteria? | Barbara Bauce      |
| 14:15 – 14:30 | Presentation 2                    | Genotype-phenotype correlation     |                    |
| 14:30 – 14:45 | Presentation 3                    | Therapeutic choices                | Alessio Gasperetti |
| 14:45 – 15:00 | Discussion                        |                                    |                    |

| 15:00 – 16:00      Session 5      Hot topics in cardiac amyloidosis |                |                                                                                                                                       |                     |
|---------------------------------------------------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| Chairpersons                                                        |                | Gianfranco Sinagra, Pablo Garcia Pavia                                                                                                |                     |
| 15:00 – 15:15                                                       | Presentation 1 | Arrhythmic risk in cardiac amyloidosis: from atrial fibrillation to sudden cardiac death prevention                                   | Francesco Cappelli  |
| 15:15 – 15:30                                                       | Presentation 2 | The weight of co-morbidities: focus on aortic stenosis                                                                                | Aldostefano Porcari |
| 15:30 – 15:45                                                       | Presentation 3 | Transthyretin amyloid cardiomyopathy diagnosis and management in developing countries: insights from the middle east, the cost-effect | Ahmed Elsanhoury    |
| 15:45 – 16:00                                                       | Discussion     |                                                                                                                                       |                     |

**16:00 – 16:30 COFFEE BREAK & POSTERS VIEWING**

| 16:30 – 17:50      Session 6      TTR-related Cardiac amyloidosis: therapeutic challenges |                |                                                                              |                     |
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| Chairpersons                                                                              |                | Marco Merlo, Francesco Cappelli                                              |                     |
| 16:30 – 16:45                                                                             | Presentation 1 | Heart failure therapies: focus on MRAs/K binders and SGLT2i                  | Aldostefano Porcari |
| 16:45 – 17:00                                                                             | Presentation 2 | Real-world data                                                              | Francesco Cappelli  |
| 17:00 – 17:15                                                                             | Presentation 3 | Specific therapy: tafamidis, acoramidis, what else?                          | Pablo Garcia Pavia  |
| 17:15 – 17:30                                                                             | Presentation 4 | Stabilizers, Gene editors, Depletors: how can we select the best candidates? | Gianfranco Sinagra  |
| 17:30 – 17:50                                                                             | Discussion     |                                                                              |                     |

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| <b>17:50 – 18:20</b> | <b>Lecture</b> |
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|               |                                                                                  |                                                       |
|---------------|----------------------------------------------------------------------------------|-------------------------------------------------------|
| 17:50 – 18:20 | Association patients in the care of cardiomyopathy management: how to manage it? | Franco Cecchi ( <i>introduced by Luisa Mestroni</i> ) |
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| 18:20 – 18:30 Closing Session |                                   |                                                    |
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| 18:20 – 18:30                 | Conclusions & future perspectives | Carsten Tschoepe<br>Marco Merlo<br>Andrea Frustaci |

## Saturday, 29th November (Day 2) - ROOM B

| 9:00 – 10:00 Session 1 Pediatric Cardiomyopathies |                |                                                  |                     |
|---------------------------------------------------|----------------|--------------------------------------------------|---------------------|
| Chairpersons                                      |                | Giuseppe Limongelli                              |                     |
| 9:00 – 9:15                                       | Presentation 1 | Hypertrophic phenotype                           | Giuseppe Limongelli |
| 9:15 – 9:30                                       | Presentation 2 | Dilated/Nondilated phenotype                     |                     |
| 9:30 – 9:45                                       | Presentation 3 | Focus on myocarditis in children: how to manage? | Enrico Ammirati     |
| 9:45 – 10:00                                      | Discussion     |                                                  |                     |

| 10:00 – 11:00 Session 2 Digital health and cardiomyopathy |                |                                            |                  |
|-----------------------------------------------------------|----------------|--------------------------------------------|------------------|
| Chairpersons                                              |                | Teresa Castiello, Carsten Tschoepe         |                  |
| 10:00 – 10:15                                             | Presentation 1 | Artificial intelligences and Heart Failure | Teresa Castiello |
| 10:15 – 10:30                                             | Presentation 2 | Cardiomyopathy diagnostic pathways         | Carsten Tschoepe |
| 10:30 – 10:45                                             | Presentation 3 | Cardiomyopathy prognostic pathways         | Job Verdonschot  |
| 10:45 – 11:00                                             | Discussion     |                                            |                  |

## 11:00 – 11:30 COFFEE BREAK & POSTERS VIEWING

| 11:30 – 12:30 Session 3 Family Screening in Cardiomyopathies |                |                                       |                  |
|--------------------------------------------------------------|----------------|---------------------------------------|------------------|
| Chairpersons                                                 |                | Pablo Garcia Pavia, Wilhelm Haverkamp |                  |
| 11:30 – 11:45                                                | Presentation 1 | Indications and Interpretation        | Matteo Dal Ferro |





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| 11:45 – 12:00 | Presentation 2                                                                         | Identifying At-Risk Families     | Job Verdonshot                                               |
| 12:00 – 12:15 | Presentation 3                                                                         | Genetic Counseling and Education | Wilhelm Haverkamp                                            |
| 12:15 – 12:30 | Discussion                                                                             |                                  |                                                              |
| 12:30 – 13:00 | Lecture                                                                                |                                  |                                                              |
| 12:30 – 13:00 | ECG in Cardiomyopathies: traditional electrocardiography meets artificial intelligence |                                  | Wilhelm Haverkamp<br><i>(introduced by Teresa Castiello)</i> |

**13:00 – 14:00 LUNCH BREAK & INDUSTRY SYMPOSIUM**

|                                                                    |                |                                                                            |                  |
|--------------------------------------------------------------------|----------------|----------------------------------------------------------------------------|------------------|
| <b>14:00 – 15:00 Session 4 What can we learn from mouse models</b> |                |                                                                            |                  |
| Chairpersons Karin Klingel, Serena Zacchigna                       |                |                                                                            |                  |
| 14:00 – 14:15                                                      | Presentation 1 | Viral myocarditis                                                          | Karin Klingel    |
| 14:15 – 14:30                                                      | Presentation 2 | NDLVC and ARVC                                                             | Antonio Cannatà  |
| 14:30 – 14:45                                                      | Presentation 3 | Mouse models in translational cardiology: lessons learned and perspectives | Serena Zacchigna |
| 14:45 – 15:00                                                      | Discussion     |                                                                            |                  |

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| <b>15:00 – 16:00 Session 5 Pericardial diseases: specific topics</b> |                |                                      |                   |
| Chairpersons George Lazaros, Antonio Brucato                         |                |                                      |                   |
| 15:00 – 15:12                                                        | Presentation 1 | Management of Recurrent pericarditis | Claire Peet       |
| 15:12 – 15:24                                                        | Presentation 2 | Role of Multimodality imaging        | Allan Klein       |
| 15:24 – 15:36                                                        | Presentation 3 | Constrictive pericarditis: update    | Emilia Lazarou    |
| 15:36 – 15:48                                                        | Presentation 4 | Genetics in pericarditis             | Valentino Collini |
| 15:48 – 16:00                                                        | Discussion     |                                      |                   |

**16:00 – 16:30 COFFEE BREAK & POSTERS VIEWING**

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| <b>16:30 – 17:50 Session 6 How should we manage patients with cardiomyopathies in pregnancy?</b> |  |  |  |
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|-------------------------------------------|----------------|-------------------------------------------------|---------------------|
| Chairpersons Petr Kuchynka, Barbara Bauce |                |                                                 |                     |
| 16:30 – 16:45                             | Presentation 1 | Dilated cardiomyopathy                          | Sibel Catirli-Enar  |
| 16:45 – 17:00                             | Presentation 2 | Hypertrophic cardiomyopathy                     | Giuseppe Limongelli |
| 17:00 – 17:15                             | Presentation 3 | Restrictive cardiomyopathy                      |                     |
| 17:15 – 17:30                             | Presentation 4 | Arrhythmogenic right ventricular cardiomyopathy | Barbara Bauce       |
| 17:30 – 17:50                             | Discussion     |                                                 |                     |