

## Dilated Cardiomyopathy: From Genetics to Clinical Management

★★★★★ **Score: 99**

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**Copyright:** 2019  
**Edition:** 1st  
**Editor:** Sinagra, Gianfranco , Merlo, Marco, Pinamonti, Bruno,  
**Specialties:** Cardiology  
**Publisher:** Springer  
**List Price:** \$59.99

### At A Glance

This open access book presents a comprehensive overview of dilated cardiomyopathy, providing readers with practical guidelines for its clinical management. The first part of the book analyzes in detail the disease's pathophysiology, its diagnostic work up as well as the prognostic stratification, and illustrates the role of genetics and gene-environment interaction. The second part presents current and future treatment options, highlighting the importance of long-term and individualized treatments and follow-up. Furthermore, it discusses open issues, such as the apparent healing phenomenon, the early prognosis of arrhythmic events or the use of genetic testing in clinical practice. Offering a multidisciplinary approach for optimizing the clinical management of DCM, this book is an invaluable aid not only for the clinical cardiologists, but for all physicians involved in the care of this challenging disease. This book is available as an open access title at [springer.com](http://springer.com).

### Expert Review

**Reviewer:** Andrew Elagizi, MD (Ochsner Clinic Foundation)

### Description

This book offers a relevant overview of dilated cardiomyopathy, which includes practical guidelines for the management of this disease as well as the important role of genetics and the gene-environment interaction in the development of disease.

### Purpose

The aim is to provide a resource for cardiologists to provide a multifaceted approach to the diagnosis and treatment of patients with dilated cardiomyopathy.

### Audience

This book can be used by a wide audience. It is a thorough yet succinct resource that explains dilated cardiomyopathy that can be used not only by subspecialists, but also by all physicians caring for patients with this disease. It is written by experts in the field.

### Features

The book discusses the basic elements of disease (etiology, pathophysiology, diagnosis). The authors mention current guideline recommendations throughout where applicable and use current evidence to provide further guidance in areas that are controversial or have a paucity of clinical data. Chapters are concise and use tables and illustrations to convey information effectively. This is an open access book which can conveniently be accessed online.

### Assessment

This is an easy-to-read book with effective visual graphics. It is an excellent resource for all physicians caring for patients with dilated cardiomyopathy.

### Review Questionnaire

Range	Question	Score
1-10	Are the author's objectives met?	<b>10</b>
1-10	Rate the worthiness of those objectives.	<b>10</b>
1-5	Is this written at an appropriate level?	<b>5</b>
1-5	Is there significant duplication? (1=significant, 5=insignificant)	<b>4</b>
1-5	Are there significant omissions? (1=significant, 5=insignificant)	<b>5</b>
1-5	Rate the authority of the authors.	<b>5</b>
1-5	Are there sufficient illustrations?	<b>5</b>
1-5	Rate the pedagogic value of the illustrations.	<b>5</b>
1-5	Rate the print quality of the illustrations.	<b>5</b>
1-5	Are there sufficient references?	<b>5</b>
1-5	Rate the currency of the references.	<b>5</b>
1-5	Rate the pertinence of the references.	<b>5</b>
1-5	Rate the helpfulness of the index.	<b>5</b>
1-5	If important in this specialty, rate the physical appearance of the book	<b>5</b>

1-10 Is this a worthwhile contribution to the field?  
1-10 If this is a 2nd or later edition, is this new edition needed?

**10**  
**N/A**

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